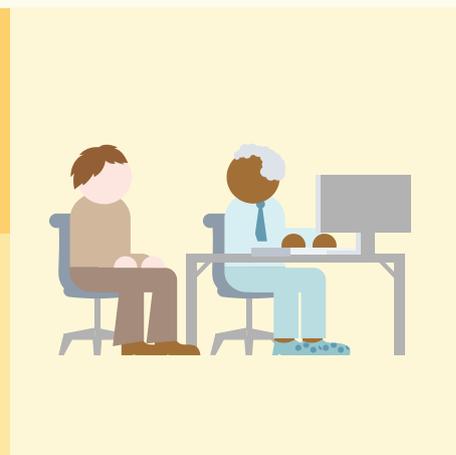
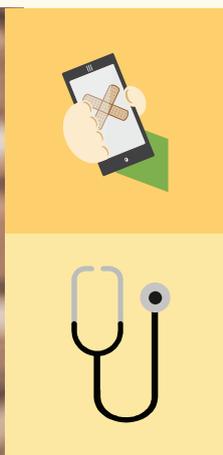




# Extended Medical Examination



## The medical examination consists of:

The medical examination takes approximately 1-2 hours, and it can take place at Mølholm Private Hospital in Vejle or at Helbreds kontrol in Copenhagen.

The scope of the examination may vary a little, as the specialist physician is entitled to/will assess which tests that are necessary for you. Based on your health and age the medical examination consists of:

**A confidential health interview** - including heredity factors, previous illness and treatment, risk factors (tobacco, alcohol, exercise, diet), general organ functions and other relevant aspects.

**A clinical examination:** from top to toe, emphasizing the circulatory system, lungs, prostate and breast, or as otherwise relevant for age, gender and lifestyle.

**A measurement of height and weight:** calculation of ideal weight and BMI (body-mass-index), and measurement of pulse and blood pressure.

**Various blood tests:** blood count, sedimentation rate (infection), white blood cells, creatinine (kidney function), cholesterol, triglyceride levels (fat), ALAT and basal phosphates (liver tests), blood sugar, and other relevant blood tests.

**An urine sample:** examined for content of blood, sugar, acid, albumin, pus and bacteria.

**A pulmonary function test** with measurement of clinically relevant lung capacity.

**A cardiac examination** with electrocardiogram at rest and while active (work test), with simultaneous registration of blood pressure and pulse.

In addition to the medical examination, you can also get advice from a specialist physician, and be vaccinated for foreign travel (re-vaccination and influenza vaccinations are not included).

After the examination a full report will be sent to you with the conclusions of the examination and with a description of any findings. The report includes recommendations for further examination, it highlights risk factors that calls for attention, and it gives you advice on lifestyle, etc.

Call us at  
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