

## VIRTUAL BENEFITS FAIR WEBINAR RECORDINGS

For more information, please visit [benefits.vmware.com](https://benefits.vmware.com).

WEEK 1		
TOPIC	PRESENTER	RECORDING
Open Enrollment Overview	VMware Benefits Team	Available <a href="#">Here</a>
New Supplemental Insurance Plans: Accident, Critical Illness, & Hospitalization	Voya	Available <a href="#">Here</a>
Optimizing Health in a Pandemic	Dr. Ronesh Sinha	Available <a href="#">Here</a>
UHC Medical Plans (HSA PPO & Traditional PPO)	UHC	Available <a href="#">Here</a>
Harnessing the Power of an HSA	HealthEquity	Available <a href="#">Here</a>
Prescription Coverage (UHC Medical Plans)	CVS	Available <a href="#">Here</a>
Kaiser Medical Plans	Kaiser	Available <a href="#">Here</a>
Week 2		
TOPIC	PRESENTER	RECORDING
Improving Fitness During Work	Dr. Ronesh Sinha	Available <a href="#">Here</a>
Embracing Happiness	Dr. Mel Campbell	Available <a href="#">Here</a>
HSAs – The New Retirement Strategy	HealthEquity	Available <a href="#">Here</a>
Fertility Program Updates and Enhancements	Progyny	Available <a href="#">Here</a>
Legal Plan Updates and Enhancements	ARAG	Available <a href="#">Here</a>
Expert Second Opinion and Other Healthcare Services	Grand Rounds	Available <a href="#">Here</a>
Back Up Child and Elder Care Program	Bright Horizons	Available <a href="#">Here</a>
Week 3		
TOPIC	PRESENTER	RECORDING
FSAs & Commuter/Parking Program	TRI-AD	Available <a href="#">Here</a>
Sleep More, Stress Less	Dr. Ronesh Sinha	Available <a href="#">Here</a>